



# PRENATAL FORM CHIROPRACTIC INTAKE

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Who can we thank for referring you?

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

I am in my \_\_\_\_\_ week of pregnancy.

Pre-Pregnancy Weight: \_\_\_\_\_ Current Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Childbirth Preparation: Bradley  Hypnobirth  Other

Childbirth Caregiver(s): OB/GYN: \_\_\_\_\_ Doula  Midwife

Caregiver's name and phone number: \_\_\_\_\_

I plan on giving birth at: Hospital  Birth Center  Other

Name of Hospital or birth center: \_\_\_\_\_

What position do you sleep in: Side  Back  Stomach

How many hours of sleep are you getting each night on average? \_\_\_\_\_

How would you rate your overall stress level (circle one)? No stress 1 2 3 4 5 6 7 8 9 10

Do you drink ½ your body weight in ounces of water per day (circle one)? Yes No

Are you eating a clean, well-balanced diet (circle one)? Yes No

Are you exercising during your pregnancy (circle one)? Yes No

If yes, what type of exercise? \_\_\_\_\_

Any traumas during this pregnancy (circle one)? Yes No If yes, please explain: \_\_\_\_\_

Any hospitalizations during this pregnancy (circle one)? Yes No If yes, please explain: \_\_\_\_\_

Any medications during this pregnancy, including over-the-counter? \_\_\_\_\_

What supplements are you currently taking? \_\_\_\_\_

Any fertility treatment(s)? \_\_\_\_\_

Have you had any chiropractic care during this pregnancy? Please explain \_\_\_\_\_

Any additional information you would like us to know about your pregnancy? \_\_\_\_\_

### AFTER 32ND WEEK OF PREGNANCY

Position of baby: Head down                       Posterior                       Breech or malpositioned   
Confirmed by: Palpation by: \_\_\_\_\_ on \_\_\_\_\_  
Ultrasound by: \_\_\_\_\_ on \_\_\_\_\_  
How long do you believe the baby has been in this position? \_\_\_\_\_

### PREVIOUS PREGNANCIES

Number of previous pregnancies: \_\_\_\_\_                      Number of births: \_\_\_\_\_  
Please explain any difference in numbers: \_\_\_\_\_

Names and ages of children: \_\_\_\_\_

Your previous births were at:      Hospital?                       Home?                       Birth Center?   
Medications used in prior births: None/natural                       Pitocin                       Epidural   
Interventions used in prior births: Induced labor/breaking water                       Vacuum                       Extraction   
Forces       Episiotomy       Caesarean section       Other: \_\_\_\_\_  
How long was your previous labor? Total: \_\_\_\_\_      Time before you pushed: \_\_\_\_\_  
Amount of time spent pushing: \_\_\_\_\_  
Did you receive chiropractic care during your previous pregnancy(s) (circle one)?      Yes      No  
Any additional information you would like us to know about your previous pregnancy(s)? \_\_\_\_\_

### WEBSTER TECHNIQUE AGREEMENT

- I acknowledge that the Webster Technique is a specific chiropractic analysis and diversified adjustment. The goal of the adjustment is to reduce the effects of sacral/pelvic subluxation and/or SI joint dysfunction. In doing so neuro-biomechanical function in the pelvis is improved.
- I acknowledge that in a theoretical and clinical framework of the Webster Technique in the care of pregnant women, sacral subluxation may contribute to difficult labor for the mother (i.e., dystocia). Difficult labor is caused by inadequate uterine function, pelvic contraction, and baby mal-presentation. The correction of sacral subluxation may have a positive effect on the causes of difficult labor.
- I acknowledge that sacral misalignment may contribute to these primary causes of difficult labor via uterine nerve interference, pelvic misalignment and the tightening of specific pelvic muscles and ligaments. The resulting tense muscles and ligaments and their abnormal effect on the uterus may prevent the baby from comfortably assuming the best possible position for birth.
- I understand that this sacral/pelvic analysis and adjustment may be used on all weight bearing spines: male, female, pregnant or not pregnant.
- I acknowledge that this is not a breech turning or in utero-constraint technique By signing this form, I understand the purpose of the Webster Technique and I agree to have the doctor perform the technique on me at her discretion. By signing this form, I also verify that all of my information is correct and that I have completed all questions with as much information as is possible.

Patient's Signature: \_\_\_\_\_                      Date: \_\_\_\_\_

## PATIENT MEDIA RELEASE AGREEMENT

Name of Patients: \_\_\_\_\_

**1)** I authorize the health care professionals who treat me at "Kids Only Chiro" to release and discuss patient information about their treatment or my medical condition, or related topics, (or patient information about their treatment, the medical condition, or related topics, of my child or an individual to whom I provide guardianship.) No special favors, payment or other compensation have been promised to me for agreeing to the authorization. Finally, I understand that the patient information that is released will be current as of the time this authorization is signed and that, if additional information is needed at a later date, I may be asked to sign another Authorization release form.

**2)** I release Kids only chiropractic and it's spokespeople, from any and all state or federal laws relating to patient privacy.

**3)** I specifically authorize officials from Kids only chiropractic to share this health information (or that of a child, or an individual to whom I provide guardianship) with members of the news media.

**4)** I voluntarily give my permission for Kids Only Chiropractic staff to represent me (or my child or an individual to whom I provide guardianship) on video/audio tape, Photograph film or any other medium including sci=ocial media.

**5)** I Authorize use of my (or my child or an individual to whom I provide guardianship) name, likeness, voice and biographical material in Kids only Chiropractic publications and website-to include electronic and printed magazines, brochures, newsletters and the internet and its social media (E.G., Facebook, twitter, etc.) - for publicity for the clinic and it's programs.

**6)** I give "Kids Only Chiropractic" the right to exhibit or distribute such representations in whole or in part, without limitations, for any educational purpose that the clinic, and those acting under its authority, deems appropriate.

**7)** I understand that I may withdraw or revoke my authorization at any time and such revocation must be given to Kids only Chiropractic in writing. If I withdraw my permission, my information may no longer be used for release for the reasons covered by this authorization. However I understand that any disclosure or publication made prior to a revocation may remain in the public domain. I further understand that such authorization will not affect my fretment.

Signature of patient: \_\_\_\_\_

Date: \_\_\_\_\_

